

# Bristol Stool Chart

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**Type 1**



**Seperate hard lumps, like nuts (hard to pass)**

**Type 2**



**Sausage-shaped but lumpy**

**Type 3**



**Like a sausage but with cracks on its surface**

**Type 4**



**Like a sausage or snake, smooth and soft**

**Type 5**



**Soft blobs with clear-cut edges (passed easily)**

**Type 6**



**Fluffy pieces with ragged edges, a mushy stool**

**Type 7**



**Watery, no solid pieces. Entirely liquid**