



**TUDOR CENTRE
SEXUAL HEALTH CLINIC**

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SEXUAL HEALTH CLINIC

LEVEL-3 Sexual Health Service

- services to include management of:
 - sexual dysfunction, in general, including:
 - ❖erectile dysfunction (ED), in particular
 - ❖premature ejaculation
 - ❖female sexual dysfunction
 - ❖sexual desire or libido problems

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Level-3 Sexual Health Service also to include:

➤ management of chronic sexual health problems

including:

- ❖ chronic urethritis
- ❖ prostatitis
- ❖ recurring HSV activity
- ❖ chronic genital area pain

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Level-3 Sexual Health Service also to include:

- management of genital dermatoses:

- Joint Dermatology/Sexual Health Clinics:

- ❖ vulval clinic once/month

- ❖ male genital dermatosis clinic also once/month

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Components of Sexual Dysfunction service:

- medical assessment:

- ❖ history
- ❖ physical examination
- ❖ baseline relevant blood tests
- ❖ estimation of CVD risk etc.
- ❖ definition of problem
- ❖ plan of management
- in particular, re erectile dysfunction (ED)
 - ❖ initiation of appropriate R_x
 - ❖ referral back to Primary Care

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Components of Sexual Dysfunction service:

•Clinical Psychology:

- to assess state of mind:
 - primary - cause of problem
 - secondary – response to problem

- to offer appropriate & specific care, e.g.:
 - ❖ for premature ejaculation
 - ❖ for associated relationship issues – for couple
 - ❖ for associated mood problems

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Initial Assessment of Sexual Dysfunction Problems:

- definition of type of problem:

- Men:

- ❖ erectile dysfunction
- ❖ premature ejaculation
- ❖ retarded ejaculation
- ❖ libido problems

- Women:

- ❖ female sexual dysfunction problems
- ❖ libido problems

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Initial Assessment of Sexual Dysfunction Problems:

• Men with erectile dysfunction (ED):

- baseline blood tests:
 - ❖ FBC/LFTs/RFTs/Ca⁺⁺
 - ❖ glucose
 - ❖ lipids
 - ❖ thyroid tests
 - ❖ testosterone/prolactin
 - ❖ Sickle test – if appropriate

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Initial Assessment of Sexual Dysfunction Problems:

- Men with erectile dysfunction (ED):

- baseline clinical assessment:

- ❖ peripheral neurological assessment
- ❖ cardio-vascular assessment – including:
- ❖ systemic arterial blood pressure
- ❖ peripheral arterial assessment
- ❖ CVD risk assessment - ?on-line

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REFERRAL TO THESE SPECIALIST SERVICES AT TUDOR CENTRE:

•re Complex GUM & Dermatoses Problems:

- patient usually presents initially to Walk-In
- ❖ either as self referral
- ❖ or on advice of General Practitioner
- internal referral to Specialist Clinic, as necessary

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REFERRAL TO THESE SPECIALIST SERVICES AT TUDOR CENTRE:

• re Sexual Dysfunction Problems:

- patient has to be referred by General Practitioner
- at present, men with ED only
- ?need to consider expanding this to other referral criteria